**INFORMATION REQUIRED BY CHILD SAFETY IN CONSIDERING HIGH RISK ACTIVITIES**

*Below are the questions that CSO’s are required to answer when requesting approval for high risk activities*

**Sailing**

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| What are the potential hazards and risks of activity | Capsize - drowningAnxiety/PTS/trauma based behaviours – reinforcing dysfunctional responses to stressHeat – dehydrationCold – immersion/hypothermiaInsects and animal bites – stings to itchinessBlue Peter risk assessments start on page 6: <https://bluepeteraustralia.files.wordpress.com/2018/11/the-sea-school-sms-risk-management-and-operational-procedures-v91.pdf>YFO risk assessments are also available on request (large document) however all sailing tasks are under the direct control of Blue Peter. YFO facilitates groups work and supervisors therapeutic tasks. |
| What is the name and contact details of the organisation providing the activity (eg school/agency/activity centre)? | Youth Flourish Outdoors Ltd, PO Box 280, 113 Flaxton Dr, MAPLETON, Q 4560, ph: 1300 803 701Blue Peter Australia,  |
| If known, what are the credentials of the organisation (eg member of professional agency/board/federation)? | Blue Peter Australia contracted by Youth Flourish Outdoors.Blue Peter: Sea School Level 3 certificates (all skippers in charge of a boat)Director: Jonathan Goss: Dip Outdoor Recreation, B Ed., B Sci, Master 5 Skipper (commercial)Memberships: Australian Assoc for Bush Adventure TherapyQld Outdoor Recreation FederationYFO Memberships:Australian Assoc for Bush Adventure TherapyQld Outdoor Recreation FederationInternational Assoc for Youth Mental HealthCommercial operator permit with Dept Natural Resources if required for the chosen site |
| What will be the level of supervision offered to the child/young person (eg. how many participants per supervisor/full supervision/unsupervised)? | Ratio 1:2 is maximum |
| Does the supervisor have appropriate qualifications to supervise this activity? | Yes.Outdoor recreation specialisations from Sport and Rec, Outdoor Rec competency standards. Youth work skills from Community Services competency standards and/or undergraduate degree in related field.Current First Aid qualificationsProgram Director: Graham Pringle; MA (Outdoor Ed), G Dip Soc Sci (Psych), Dip Ed (Secondary), C IV Adventure Based Youth Work, and Training and Assessment. |
| Is any special equipment required for the child/young person to undertake this activity safely (eg. helmet, mouth guard, etc)? | Yes.Sailing boat, paddles, buoyancy vest, throw rope |
| Who will supply this safety equipment (eg. the department/school/organisation)? | Blue Peter Australia and Youth Flourish Outdoors Ltd |
| Is this activity suitable for the child/young person, given his/her age, developmental level and experience?  | Yes.Attachment needs met by presence of familiar youth worker or young person assessed as independently self regulating.Must be physically able to participateActivity will be pitched to meet young persons ability to cope with stress and progressed to remain within Zone of Proximal Development |
| Is participation in this activity supportive of any specific needs of the child or young person as identified in his/her case plan? *(Child Safety case plan – electronic copy kept in Child Files/YP folder/Referral section/Dept Case Plan)* | Activity will enable the young person:to cope with anxiety and stressto re-orient schemasto develop self knowledge and physical skillsto enhance esteem |
| What are the insurance provisions of the organisation in the event of an accident? | Blue Peter Australia has public liability and volunteer insurance. YFO has contracted Blue Peter for all activity execution.Youth Flourish Outdoors Ltd has public liability, allied health professional, volunteer and management insurances. They require a thorough medical and trauma focussed psychological referralThey provide detailed consent informationThey have detailed risk management processes for the activity, environment, group management and individual trauma history |
| What are the views of the child or young person? |  |
| Why is it in the best interests of the child or young person to participate in this activity? | The young person will not be forced or coerced into canoeing. Emotional and physical safety is paramount.The young person will learn about and improve their responses to stressThey will engage successfully with a social group, developing social skills when dealing with potential stressors. In particular they will work in a team of two in dealing with difficulty steering and making distance.The activity is delivered with psycho-education to inform the young person about human response to, and recovery from, traumaThey will enjoy an outdoor activity and environment which is intended to assist in emotional regulation, and to lower their arousal set point.They will develop concentration and physical skills as appropriate to their situation.They will captain the boat at times and crew at other times, making decisions and following decisions of others is learned.They will enhance esteem by participating in an activity that requires sailing skills, cooperation and which will be recognised by self and others as a personal achievement. |